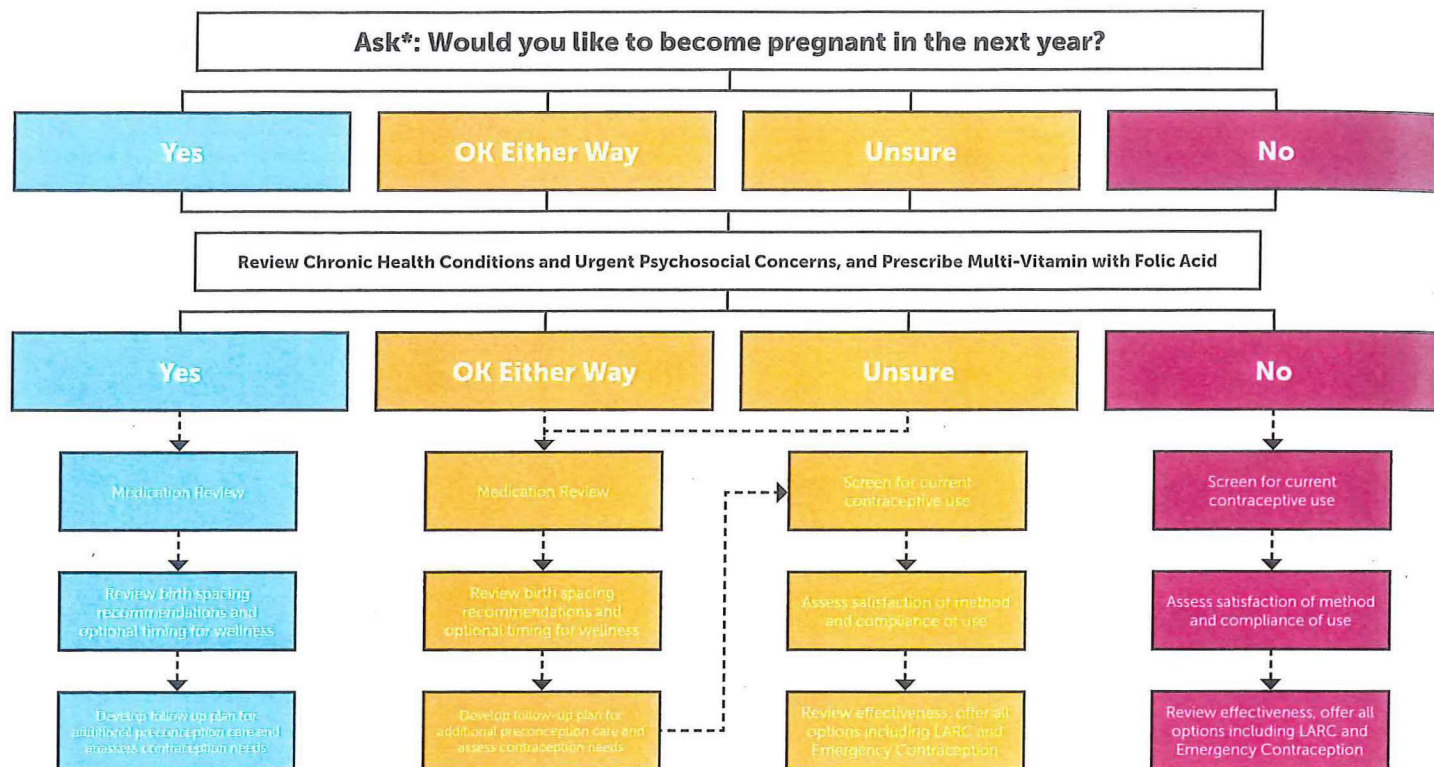


ONE KEY QUESTION® ALGORITHM

One Key Question® (OKQ) is a groundbreaking and simple service to help encourage providers to routinely ask clients about their reproductive health needs. By asking: "Would you like to become pregnant in the next year?" providers can more fully support individual's health needs such as preventing an unintended pregnancy or preparing for a healthy pregnancy.



1. Conduct proactive and consistent pregnancy intention screening by asking clients "Would you like to become pregnant in the next year?"
2. Document patient's answers of: Yes, No, OK Either Way, Unsure.
3. Provide follow-up preconception and/or contraception services (directly or through referral) tailored to each patient's unique answer.

PART 1: INVENTORY OF SERVICES AND SITE READINESS

This assessment will review the services you currently provided and where additional training is wanted. Any area that you indicate 'want training' will move to your Action Items on [page 9](#).

Preconception Care

Are you able to currently provide:	Provide Prescription	Provide Counseling	Refer Out	Want Training
Discussion of health risk behaviors (e.g., smoking, drinking, street drugs) impact on pregnancy				
Screen for/ Discussion of chronic conditions impact on health of pregnancy				
Medication Review: Assess medications used that are contraindicated in pregnancy				
Folic Acid/ Prenatal Vitamin				

Contraception Care

Are you able to currently provide:	Provide Prescription	Provide Counseling	Refer Out	Want Training
Prescription methods (pills, patches, rings, shot)				
Implant insertion/removal				
IUD placement/removal				
Female sterilization				
Male sterilization				
Emergency Contraception				
Contraception specific for postpartum and/ or breastfeeding women.				

Best Practice

How often do you:	Almost never	Less than half the time	More than half the time	Almost always
Assess for pregnancy intention?				
Prescribe Emergency Contraception (EC) as a routine part of contraception services?				
Counsel on inter-conception birth spacing?				
Counsel on pre/interconception care?				
Review of all birth control methods/options with patients?				
Use an evidence-based contraception counseling model (i.e. shared decision-making, motivational interviewing, tiered effectiveness)?				
Engage in shared decision-making techniques that are responsive to patients' cultural, religious, and personal values and preferences?				
Screen for contraceptive coercion?				

Notes:

PART 2: GOALS AND IMPLEMENTATION QUESTIONNAIRE

To determine the best way to implement OKQ pregnancy intention screening in your practice, keep in mind our program goals:

- improve pregnancy intention screening practice
- increase quality preventive reproductive health care offered
- minimize disruption to patient flow and consideration of existing workload

1. What additional goals do you want to set for the results of implementing OKQ screening?

- ☐ increased provision of effective contraception
- ☐ increased provision of preconception counseling/screening specifically related to:
- ☐ increase in entry to prenatal care in first trimester
- ☐ other _____

2. How would you prefer to conduct OKQ pregnancy intention screening?

- ☐ have client complete OKQ specific screening questionnaire
- ☐ incorporate OKQ into materials already used
- ☐ incorporate OKQ into EHR (System: _____)
- ☐ other _____

3. What additional visits or populations could OKQ be incorporated into?

- ☐ pregnancy test only visits
- ☐ health education/counseling visits
- ☐ teens¹
- ☐ male identified patients
- ☐ other _____

¹ OKQ was specifically designed for women ages 18-50. Providers and health centers may choose to screen others based on their patient population need and medical discretion.

4. What training do you anticipate your team will need BEFORE implementing OKQ?

- ☐ all contraceptive options
- ☐ training on emergency contraception (EC) access
- ☐ preconception health, education and care guidelines
- ☐ culturally responsive care
- ☐ new workflow protocol
- ☐ billing/coding for contraception and preconception care
- ☐ EHR integration
- ☐ no training needed
- ☐ other: _____

5. What training do you anticipate your team will need to offer follow-up care?

- ☐ all contraceptive options
- ☐ procedure-based contraceptive methods like IUDs/implants
- ☐ training on emergency contraception (EC) access
- ☐ preconception health, education and care guidelines
- ☐ counseling women who are ambivalent about pregnancy
- ☐ culturally responsive care
- ☐ EHR integration
- ☐ no training needed
- ☐ other: _____

6. What types of patient materials (e.g. posters, brochures, website links, fact sheets) will your site need?

- ☐ contraception
- ☐ emergency contraception
- ☐ preconception health
- ☐ decision-making/reflection on pregnancy options
- ☐ other _____

7. In what languages: _____

8. What community referrals will need to be established/maintained?

___ Contraception care

___ Preconception care

___ Prenatal care

___ other _____

PART 3: ACTIONS ITEMS IDENTIFIED

Write in below each item noted that will need to be changed, improved, or added from filling out the previous pages.

Administration Needs

1. _____
2. _____
3. _____

Clinic Needs

1. _____
2. _____
3. _____

Contraception Care/ Counseling

1. _____
2. _____
3. _____

Preconception Care/ Counseling

1. _____
2. _____
3. _____

ACTION PLAN WORKSHEET 1

Complete one of these forms for each Action Item identified:

Goal	Actions (ex: What must be done to achieve routine screening?) 1. <div style="border: 1px solid black; height: 100px; width: 150px; margin: 5px;"></div>	Time-Frame (for implementation of each action) 1. <div style="border: 1px solid black; height: 100px; width: 150px; margin: 5px;"></div>	Who should be responsible for ensuring that the goal is achieved?
What resources are needed to achieve the goal?	2. <div style="border: 1px solid black; height: 100px; width: 150px; margin: 5px;"></div>	2. <div style="border: 1px solid black; height: 100px; width: 150px; margin: 5px;"></div>	Who else needs to be involved?
What has already been done or is currently being done to achieve the goal?	3. <div style="border: 1px solid black; height: 100px; width: 150px; margin: 5px;"></div>	3. <div style="border: 1px solid black; height: 100px; width: 150px; margin: 5px;"></div>	What barriers might there be with the successful achievement of this goal?
	What would success in achieving the goal look like?		

For additional copies, visit the OKQ Provider Portal.